
OrthoNebraska Spine Center New Patient Questionnaire

Date: _____

Name: _____

Primary Care Physician: _____

Referring Physician: _____

What is the main reason for today's visit? _____

1. On the diagram to the right, please place an "X" where your pain starts.

2. If your pain radiates, draw an arrow on the diagram over the area the pain radiates.

3. When did your pain start?
Date: __/__/____

4. Please describe how your pain started in as much detail as possible:

5. Did your pain start (circle one):
Suddenly / Gradually

6. Have your symptoms been (circle one):
Improving / Unchanged / Worsening

7. Are your symptoms (circle one):
Constant / Intermittent

8. Circle the most consistent descriptors below that describe your pain:
Sharp / Dull / Achy / Burning / Numbness / Tingling / Cramping / Stiff

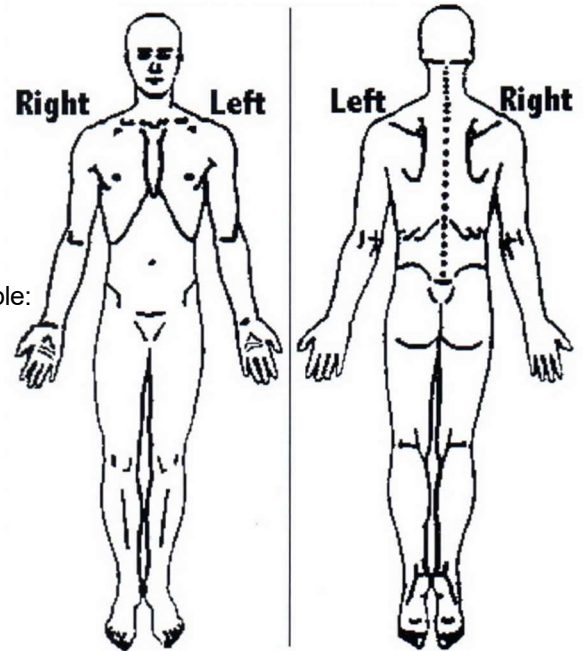
9. What makes your pain worse:
Sitting / Standing / Walking / Bending / Lying down / Exercise / Other: _____

10. What is your pain today on a scale of 0-10 (0 meaning no pain; 10 meaning the worst imaginable pain)?
0 --- 1 --- 2 --- 3 --- 4 --- 5 --- 6 --- 7 --- 8 --- 9 --- 10 pain

11. What is your pain at its worst on a scale of 0-10?
0 --- 1 --- 2 --- 3 --- 4 --- 5 --- 6 --- 7 --- 8 --- 9 --- 10 pain

12. What is your pain at its best on a scale of 0-10?
0 --- 1 --- 2 --- 3 --- 4 --- 5 --- 6 --- 7 --- 8 --- 9 --- 10 pain

13. What is your pain on an average day on a scale of 0-10?
0 --- 1 --- 2 --- 3 --- 4 --- 5 --- 6 --- 7 --- 8 --- 9 --- 10 pain



14. Have you experienced:
- | | | | |
|-----------------------------|-----|----|----------------------|
| Fevers: | YES | NO | |
| Weight loss: | YES | NO | |
| Vision changes: | YES | NO | |
| Headaches: | YES | NO | |
| Chest pain: | YES | NO | |
| Shortness of breath: | YES | NO | |
| Loss of bowel control: | YES | NO | |
| Loss of bladder control: | YES | NO | |
| Rashes: | YES | NO | |
| Weakness: | YES | NO | If yes, where: _____ |
| Numbness and/or Tingling: | YES | NO | If yes, where: _____ |
| Depressed mood: | YES | NO | |
| Anxiety: | YES | NO | |
| Sleep problems: | YES | NO | |
| Other joint swelling: | YES | NO | |
| Pregnant or breast feeding: | YES | NO | |

15. Is there litigation pending on this injury: YES NO
 16. Was this injury a result of a motor vehicle accident? YES NO
 17. Was this injury work related? YES NO

18. Do you have an allergy or adverse reaction to:
- | | | | |
|--------------------------------------|-----|----|--|
| Contrast: | YES | NO | |
| If yes, describe the reaction: _____ | | | |
| Iodine: | YES | NO | |
| If yes, describe the reaction: _____ | | | |
| Betadine: | YES | NO | |
| If yes, describe the reaction: _____ | | | |
| Lidocaine: | YES | NO | |
| If yes, describe the reaction: _____ | | | |
| Steroids: | YES | NO | |
| If yes, describe the reaction: _____ | | | |

19. Do you take any of the following medications:
- | | | |
|---------------------------------|-----|----|
| Coumadin (warfarin) | YES | NO |
| Aspirin 325 mg | YES | NO |
| Plavix (clopidogrel) | YES | NO |
| Effient (prasugrel) | YES | NO |
| Pradaxa (dabigatran etexilate) | YES | NO |
| Eliquis (apixaban) | YES | NO |
| Aggrenox (aspirin/dipyridamole) | YES | NO |
| Trental (pentoxifylline) | YES | NO |
| Xarelto (rivaroxaban) | YES | NO |
| Glucophage (metformin) | YES | NO |
| Janumet (sitagliptin/metformin) | YES | NO |

20. Have you ever had any of the following diagnostic studies to evaluate your pain (please bring reports and images to your clinic visit for review by the physician):
- | | | | |
|-----------------------------|-----|----|--|
| X-Rays: | YES | NO | |
| Date completed: ___/___/___ | | | |
| Results: | | | |
| MRI: | YES | NO | |
| Date completed: ___/___/___ | | | |
| Results: | | | |
| EMG: | YES | NO | |
| Date completed: ___/___/___ | | | |
| Results: | | | |

21. Please list any of the following treatments that you have had for this injury:

Physical therapy: YES NO
If yes, when and where? _____

Chiropractor: YES NO
If yes, when and where? _____

Acupuncture: YES NO
If yes, when and where? _____

Massage: YES NO
If yes, when and where? _____

Other: YES NO
If yes, what, when and where? _____

Pain medications:
Medication: _____ Dose: _____ Frequency: _____ Helpful: YES/NO

Medication: _____ Dose: _____ Frequency: _____ Helpful: YES/NO

Medication: _____ Dose: _____ Frequency: _____ Helpful: YES/NO

Medication: _____ Dose: _____ Frequency: _____ Helpful: YES/NO

Medication: _____ Dose: _____ Frequency: _____ Helpful: YES/NO

Previous Spine Surgeries:
Surgeon: _____ Date of surgery: __/__/____
Name and location of surgery performed: _____

Surgeon: _____ Date of surgery: __/__/____
Name and location of surgery performed: _____

Surgeon: _____ Date of surgery: __/__/____
Name and location of surgery performed: _____

Previous Spine Injections:
Physician: _____ Date of surgery: __/__/____
Name and location of injection performed: _____

Physician: _____ Date of surgery: __/__/____
Name and location of injection performed: _____

Physician: _____ Date of surgery: __/__/____
Name and location of injection performed: _____

Thank you very much for your time. This information may be helpful in diagnosing and managing your health care concerns.