

In an abundance of caution and as part of our commitment to provide a safe environment for all, OrthoNebraska is now requiring all patients receive a COVID-19 test prior to their scheduled surgical procedure. The test must be completed four (4) days prior to surgery. (see chart)

To conduct the testing, OrthoNebraska has partnered with Urgent Care Omaha to conduct testing at their Rockbrook location on the southeast corner of 108th & West Center Road. (see map) **Urgent Care Omaha will be calling you shortly to schedule an appointment for testing.**

Appointments will take approximately 10-15 minutes.

Please note: for your safety, testing is done curbside from your vehicle.

After testing, we ask that you self-quarantine at home, practice strict social distancing, and perform frequent handwashing until the date of your procedure.

Upon arriving for your appointment, please park in one of two designated parking stalls located directly outside the clinic doors. (see photo of parking sign to the right) Providers will then come out to your vehicle to perform the test, as well as complete any necessary paperwork.

If you prefer to use an alternate location, please ensure the site is able to process the test results within the appropriate time frame. *Results will need to be faxed to OrthoNebraska by 5PM the day prior to surgery.* Please note: Only PCR/RNA tests will be allowed. These tests currently monitor active disease.

Anticipated Questions & Answers

Do I have to get a COVID-19 test prior to surgery?

Yes – OrthoNebraska is requiring all surgical patients to receive a test prior to a scheduled procedure.

How long does it take to get the results?

Results are received and communicated back to patients within 48-72 hours.

How will I find out if I am positive or negative?

You will receive a phone call from Urgent Care Omaha regarding your results.

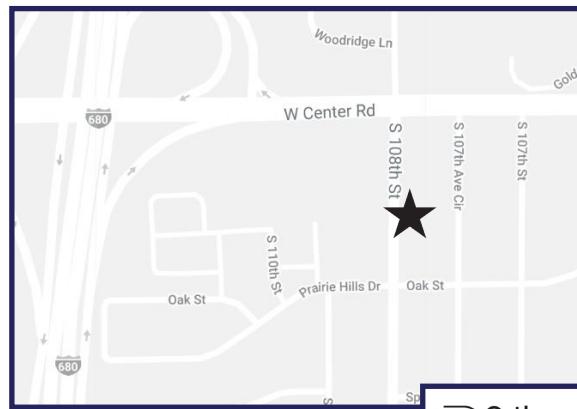
Where do I go to test?

OrthoNebraska has partnered with Urgent Care Omaha (Rockbrook Location) to conduct the COVID-19 testing. Urgent Care Omaha is located in the southeast corner of 108th & West Center Road across the street from Rockbrook Village (on the same side of the street as Don & Millie's). The physical address is: 2821 S. 108th Street, Omaha, NE 68144. When you arrive, park in one of two designated OrthoNebraska patient stalls. **DO NOT EXIT YOUR CAR.** Staff will see that you have arrived via video camera and will come out to your car to conduct the test.

Do I have to schedule an appointment?

Urgent Care Omaha will be calling you to schedule an appointment. If you do not hear from them, please contact your OrthoNebraska care team at (402) 609-3000.

Surgery Date	Date of COVID-19 Test
Monday	the Thursday prior to surgery
Tuesday	the Friday prior to surgery
Wednesday	the Saturday prior to surgery
Thursday	the Sunday prior to surgery
Friday	the Monday prior to surgery
Saturday	the Tuesday prior to surgery



What if I want to get a test at another location?

You may receive testing at an alternative site. However, before choosing a testing site, ensure they can process your test results test in the four-day time frame. Results will need to be faxed to OrthoNebraska by 5PM the day prior to your scheduled surgery. Please note: Only PCR/RNA tests will be allowed. These tests currently monitor active disease. If your results are not received by 5PM the day prior to surgery, your surgery will be rescheduled.

What if I've already had COVID-19 and have recovered?

If you have already been infected with COVID-19 and recovered you will still need to receive a negative COVID-19 test result prior to surgery.

What if I am positive?

If you receive a positive test, your results will be shared with the Department of Health & Human Services to ensure the most recent guidelines are followed. In addition, OrthoNebraska will reach out to you to reschedule your surgery for a later time.

When will I be allowed to reschedule my surgery?

Guidance for rescheduling will come from the patient's county health department in order to follow proper quarantine procedure. Once out of quarantine and following 21 days since your last symptom, you will be allowed to reschedule the surgery. Please note: you will still require a negative test within four (4) days prior to the rescheduled surgery.

How do they test for COVID-19?

Testing for COVID-19 involves inserting a 6-inch long swab (like a long Q-tip) into the cavity between the nose and mouth (nasopharyngeal swab) for 15 seconds and rotating the swab several times. The swabbing is then repeated on the other side of the nose to make sure enough material is collected. The swab is then inserted into a container and sent to a lab for testing.

Is it safe?

Yes, the testing and the procedure to conduct it is very safe. OrthoNebraska patients have designated parking at the urgent care site and will receive the testing curbside – meaning you will not need to leave your vehicle. In addition, providers will be wearing all proper personal protective equipment.

What do I do after the test?

Following the test, we ask that you self-isolate at home.

Do I have to pay for the test?

Billing for the COVID-19 tests are handled thru Urgent Care Omaha. Please contact your insurance company if you have any questions regarding payment of testing.

What if I do not get a test done?

In the event the test results are not received prior to the procedure or if test results are positive, the procedure will be rescheduled to a later date.

I am not from Omaha, what do I need to do?

Patients located outside the Omaha metro have a few options for testing. They can work with their primary care provider to receive testing through their recommended site, they can test at another location (see above) or can come to Omaha to use our preferred vendor Urgent Care of Omaha. If receiving a test at an alternative site, *results will need to be faxed to OrthoNebraska by 5PM the day prior to surgery*.